

WA SENIORS CARD PROGRAM

THERE ARE 370,000 REASONS TO PARTNER WITH THE WA SENIORS CARD PROGRAM.

Western Australian businesses have the chance to put their business in front of thousands of potential customers by offering a discount exclusively to WA Seniors Card members. The WA Seniors Card program invites businesses to submit a proposal to offer members discounts on goods and services. Simply complete the online form. WA businesses should offer a discount of 10% or savings worth more than \$20 in value to members. All business partners joining the WA Seniors Card program are listed in the online discount directory, potentially reaching thousands of seniors.



Full terms and conditions (PDF 1.2MB) of the WA Seniors Card program are available. Contact eo@seniorscard.wa.gov.au for further details.



ACCESS AND INCLUSION IN THE SHIRE

THE SHIRE'S ACCESS AND INCLUSION PLAN IS SOON TO BE AVAILABLE IN DRAFT FORM FOR PUBLIC COMMENT. Those wishing to peruse the Plan will find it on the website at www.peppermintgrove.wa.gov.au. If you prefer to have a hard copy, please contact the Shire on 9286 8600.

STRATEGIC COMMUNITY PLAN

AS PART OF ITS INTEGRATED STRATEGIC PLANNING FRAMEWORK, COUNCIL IS ABOUT TO REVIEW AND UPDATE ITS SUITE OF STRATEGIC PLANS WHICH GUIDES THE FUTURE DIRECTION OF THE SHIRE.

Our original community plan reinforced the strong connection the Shire has with its community in meeting local expectation and undertaking actions which best reflect the unique amenity of Peppermint Grove. A vital part of this process involves participation from within the community itself and the value of contributions from residents cannot be understated.

We welcome your input and feedback as part of our on-going commitment to listening to the community and, in coming weeks, we intend conducting a comprehensive survey of residents to gauge your rate of satisfaction, solicit your views on future direction, and to enable the development of meaningful plans for the future.



A survey / questionnaire will appear in your letter box shortly and may we encourage you to complete this task for return to the Shire so that we are able to include your views and expectations.



BANNERS IN THE TERRACE

THE SHIRE OF PEPPERMINT GROVE IS PROUD TO ANNOUNCE THAT THEY ARE TO BE A PART OF THE BANNERS IN THE TERRACE COMPETITION THIS YEAR.

This annual exhibition of banners along St Georges and Adelaide Terraces in Perth allows communities and regions throughout Western Australia to represent themselves to thousands of people travelling along these routes each day. It is a much anticipated part of the annual WA Local Government Convention and Trade Exhibition, with Presbyterian Ladies' College art students combining efforts to put their best work forward on a canvas to represent the Shire and their school and hang proudly in St Georges Terrace. **Banners will be flown along St Georges and Adelaide Terraces in Perth from Sunday 23 July to Saturday 5 August 2017.**

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YOUR COMMUNITY HISTORY CELEBRATED

CAN YOU HELP?

Did you work in any of the old industrial sites of Mosman Park? Calling on anyone who can share stories of time spent at the Colonial Sugar Refinery, CSBP Mt Lyall, State Engineering Works, Ropeworks, General Motors Assembly Plant or others for an oral history project commissioned by the Grove Community History Library. **Please contact Cate Pattison at catepattisonresearch@gmail.com or call 0401 525 960.**



View the community history image gallery at www.thegrovelibrary.net/history and follow us on Facebook.

NEW CEO FOR SHINE



THE SHIRE RECENTLY WELCOMED MS SHARON JAMES AS THE NEW CEO OF SHINE WHICH IS A SERVICE

ORGANISATION SUPPORTED BY THE TOWNS OF CLAREMONT, COTTESLOE AND MOSMAN PARK AND THE SHIRE OF PEPPERMINT GROVE.

SHINE operates from 81 Forrest Street Cottesloe, (on the corner of Railway Street) and provides services to seniors and people living with disabilities within the community encompassed by the four Councils.

SHINE is an accredited service provider with a focus on providing services and support to individuals to enable them to remain within their own homes, and recent changes to the Aged Care System provides even more opportunity for the delivery of services locally. SHINE offers a broad range of support including gardening, cleaning, shopping and meeting appointments, as well as a daily schedule of meal provision, recreational activities and companionship. Staff would welcome your communication if you are aware of someone within our community who would benefit from accessing some or all of the services listed.

Opening hours: 8.30am-4.00pm
P: (08) 9253 555 E: reception@shinecs.com.au
www.shinecs.com.au

SERVICES OFFERED

- > Domestic Assistance
- > Personal Care
- > Respite Care
- > Meal Preparation
- > Social Support
- > Shopping Bus
- > Leisure Bus
- > Social Club
- > Transport
- > Home/Garden Maintenance
- > Sustainable Gardening
- > Luncheons
- > Saturday Mystery Outings
- > Afternoon and Morning Teas
- > Exercise Classes
- > Podiatry
- > Centre-Based Entertainment
- > Art Classes

SHIRE OF PEPPERMINT GROVE

Shire Office, 1 Leake Street, Peppermint Grove
PO Box 221, Cottesloe WA 6911

Office Hours: 8.30am-5.00pm Monday to Friday
Telephone: 9286 8600 Fax: 9286 8610
Email: admin@peppermintgrove.wa.gov.au

This publication and all other Shire publications are available in alternative formats on request. The information provided within **PepTalk** is also available on the Shire's website and will be updated on a regular basis at www.peppermintgrove.wa.gov.au

This publication is printed on paper that contains recycled content.



JULY 2017 • NEWSLETTER



WWW.PEPPERMINTGROVE.WA.GOV.AU

LOCAL CITIZENSHIP NOMINATIONS

THE SHIRE OF PEPPERMINT GROVE HAS JOINED THE AUSTRALIA DAY COUNCIL, WITH THE TOWNS OF MOSMAN PARK AND COTTESLOE, TO ENSURE THAT OUR ANNUAL CELEBRATIONS REMAIN INCLUSIVE.

The Combined Councils' Australia Day Celebrations will be held at Mosman Park in January 2018 and are an opportunity to showcase outstanding achievements accomplished by its residents in the form of awards for Citizen, Young Citizen and Community Groups from the residents of Peppermint Grove.

We would be delighted to receive nominations from within our community for any or all of these categories. If you are aware of a worthy recipient living in Peppermint Grove, your nomination can be made online at www.citizenshipawards.com.au/nominate/ or you may contact the Shire or call into the Administration Office for a nomination form.



WALK YOURSELF HAPPY AND HEALTHY

JOIN AUSTRALIA'S LARGEST FREE COMMUNITY-BASED WALKING NETWORK. HEART FOUNDATION WALKING MAKES REGULAR PHYSICAL ACTIVITY ENJOYABLE AND EASY.

Together with the Town of Mosman Park, the Shire has a number of walking groups of different sizes that walk at various times, distances, days and levels of difficulty. The Australian Heart Foundation community of 1,568 volunteers have helped 23,386 members to log 5,488,288 walks and 13,720,720,000 steps.

To celebrate Heart Week this year, the Town of Mosman Park and the

Shire of Peppermint Grove teamed up to meet with the local Heart Foundation Walking Groups in Manners Hill Park. A free breakfast was provided to all walkers for a get together after their early morning walk.

It is understood that people who walk in groups tend to have a more positive attitude towards physical activity, a shared experience of wellness and say they feel less lonely and isolated. **If you would like to join a local Heart Foundation Walking Group, please contact Vanessa O'Brien at the Shire on 92868600 or email Vanessa.Obrien@peppermintgrove.wa.gov.au**



HOW TO COMPOST

THERE ARE MANY WAYS TO MAKE COMPOST. YOU CAN USE BINS, TUMBLERS OR COVERED HEAPS. FOR EVERYDAY KITCHEN SCRAPS AND GARDEN REFUSE WE RECOMMEND BINS THAT ARE ROUND, OPEN AT THE BOTTOM AND SIT ON THE GROUND.

GETTING STARTED

1. It is essential to choose a shady site because worms and most compost microbes will die if the bin contents dries out or get too hot. Make sure the bin is easy to access from your kitchen.
2. Dig the bin into the ground to at least 10cm. This deters unwanted visitors like rodents and cockroaches. **TIP:** Cover the base with mouse mesh.
3. Add a layer of small twigs, egg cartons and/or dry leaves. This acts to aerate the compost.
4. Add activators such as animal manures, compost from an old heap, blood and bone.
5. Lightly spray with water.
6. Your bin is now ready to use on a daily basis for most kitchen scraps and garden refuse. As a rough guide add two thirds kitchen scraps to one third dry ingredients. Add a diversity of ingredients for richer compost and to keep a balanced Ph level.
7. When your bin is one third full turn your compost with a compost mate and do this every couple of weeks. This aerates the compost and speeds up the process.
8. Monitor the compost – see table for troubleshooting.

Don't panic. The finished product may not look like commercial compost. Different materials will compost at a different rate, some chunks and eggshells in your compost is fine – your garden won't mind.

WHY COMPOST?

- + No more smelly wheelie bins.
- + Around 60% of our general waste is organic and organic matter in landfills produce methane as it breaks down. Methane is 80 times more potent a greenhouse gas as carbon dioxide.
- + Organic matter in the worlds agricultural soils has dropped from 20% to around 2%. Composting is one way to capture organic matter and carbon in our soils.
- + Make your own compost – it is essential for successful gardening in Perth. Compost improves soil structure, holds water and makes nutrients available to plant roots.

Compost bins can be purchased from gardening stores. Some councils offer compost bins at a discounted rate.

PROBLEM	CAUSE	SOLUTION
Smelly compost	Too much water or green ingredients, poor drainage or anaerobic (no air).	For a quick fix add garden lime, dry material and turn heap. In general, use more brown material to absorb moisture. As a last resort, empty your bin and refill using layers of green and brown ingredients.
Pests You will have lots of activity in your bin so don't panic about small vinegar flies, slaters, beetles, worms etc.	<i>Ants</i> = too dry, insecure bin	Add water and green ingredients.
	<i>Flies</i> = inappropriate ingredients, insecure bin	Make sure the lid is secure and avoid meat and dairy items. Cover food scraps with a layer of soil.
	<i>Cockroaches</i> = too acidic, anaerobic (no air), insecure bin	Add lime and turn heap.
Just not working	<i>Rats / mice</i> = inappropriate ingredients, insecure bin	Secure mouse mesh to the base. Make sure the lid is secure and avoid meat and dairy items. Cover food scraps with a layer of soil.
	The balance is not right	Make sure you have a mix of green and brown ingredients and enough water – think wrung out cloth wetness. Turn your heap. To speed up the process, add more green ingredients and activators.



Visit www.earthcarers.org.au to download our fact sheets.

The Western Earth Carers Program is delivered by the Western Metropolitan Regional Council.



COMPOST INGREDIENTS

Anything that once lived can be composted; however, to get started the following items are a good guide. In general add around two thirds kitchen scraps to one third carbon ingredients.

GREEN/WET/NITROGEN RICH

- + Fruit and veggie kitchen scraps
- + Tea leaves and bags
- + Coffee grounds
- + Cut flowers
- + Grass clippings
- + Manures

BROWN/DRY/CARBON RICH

- + Garden refuse (not woody branches)
- + Paper products
- + Dry leaves
- + Sawdust
- + Straw

ACTIVATORS

- + Comfrey and yarrow
- + Animal manure
- + Blood and bone
- + Made compost

YES, YOU CAN ADD

- + Onion, Garlic
- + Citrus
- + Eggshells
- + Teabags
- + Small amounts of plate scrapings (pasta, bread, cheese, meat)
- + Eucalyptus leaves
- + Dog and human hair
- + Nail cuttings
- + Natural fibres
- + Ripped newspaper and office paper

DON'T ADD

- Large amounts of
- Meat, bones, poultry and fish
- Dairy products
- Never add cat or dog poo

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THE GROVE LIBRARY

1 Leake Street
(adjacent to the Council Office)
9286 8686
www.thegrovelibrary.net

THE GROVE LIBRARY HOURS

Monday to Wednesday 9am–6pm
Thursday 9am–8pm
Friday 9am–6pm
Saturday 9am–4pm
Sunday 12noon–4pm

CHAPTER 1 CAFÉ HOURS

INSIDE THE GROVE LIBRARY
Monday to Friday 7.30am–3pm

JOIN OUR EMAIL LIST

Get advance notice of new books and upcoming events by sending a request to library@thegrovelibrary.com

E-BOOKS AND MAGAZINES

www.thegrovelibrary.net/digital-services

FOLLOW US ON FACEBOOK

www.facebook.com/thegrovelibrary

PEPPERMINT GROVE HERITAGE TOUR

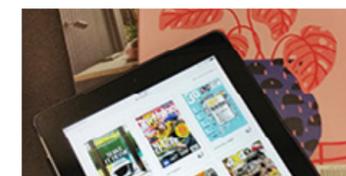
Free download from the Google Play Store or App Store onto any Internet connected device or borrow an *Opus* unit from the Library.

GROVE FOR GROWN-UPS

THE BIG WINTER BOOK SALE

Every year The Grove adds over 5,000 new books to the collection. To make room for all these wonderful new books we will be having our annual book sale in the last week of July. Come and grab a bargain.
Monday 24 July – Sunday 30 July.

MAGAZINES AND MORE



The Grove has a subscription to 57 magazines, and new issues are always available for reading in the library. Select a delicious brew from our coffee shop and find a cosy corner. 356 titles are available free online, with 24/7 access, exclusively to Grove Library members via the *Zinio* app. Includes unlimited access to new and back issues of magazines across a variety of genres with some in other languages including French, Chinese, Japanese and Afrikaans. To set up your tablet or iPad for magazine reading, follow the instructions on the Grove Library's website, or ask staff to help you get started.

GROVE LIBRARY FOR KIDS

The Grove Library has launched a new kids' website www.thegrovelibrarykids.net From new releases to a wonderful assortment of book lists, we hope children will be inspired to become enthusiastic readers. Kids can send in reviews, request books to be added to the collection and discover online resources.



NAIDOC WEEK 2017

The Grove Library will be celebrating NAIDOC week 2017 with special indigenous themed kids' story times. All welcome.
Tuesday 4th and Friday 7th of July.

JULY SCHOOL HOLIDAYS

Nature and Earth come together during the July school holidays for an environmental experience. Kids can join in our fun, free holiday activities. The program will be available as the school holidays approach.

